



# THE CIRDAN SAILING TRUST

## PERFORMANCE REVIEW 2016

### The Cirdan Sailing Trust

has been operating for over 30 years during which time we have brought the challenge and discipline of sea going adventure aboard our sailing vessels to around 32,000 young people. We work almost exclusively in partnership with voluntary youth leaders, social workers, teachers and local authorities to help them achieve their aims of integrating the young people into their community, increasing their education and employment chances and improving their health and well-being.

The young people who sail on our vessels are accompanied by their youth leaders and, working alongside our professional crew, they are involved in all aspects of running and sailing the vessel, both above and below deck - such as helping, sail setting, planning and navigation, cooking and keeping a tidy ship. Through this active involvement, they learn about themselves, develop an acceptance of others, develop a willingness to take controlled risks, discover hidden strengths and talents and gain an understanding of the value of working as a team.

The experience of a voyage at sea aboard our vessels plays an integral role in the work of our youth leaders in bringing about long-term benefits and change for the young people in their care.

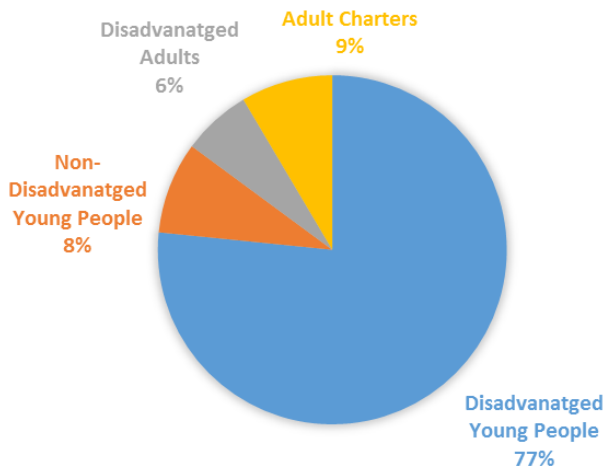
*“Last week on Queen Galadriel was awesome and I can only thank the Cirdan Trust for the experience. The students, who are extremely challenging, did settle down and really benefitted; some developing hugely in terms of self-confidence and others in terms of following instructions and recognising danger.....I cannot commend your staff highly enough, every one of them was exemplary and gave 110% to every student. We will certainly want to repeat the experience and are looking at fundraising opportunities already”. – JB, Stevenage Education Support Centre (sailed October 2016)*



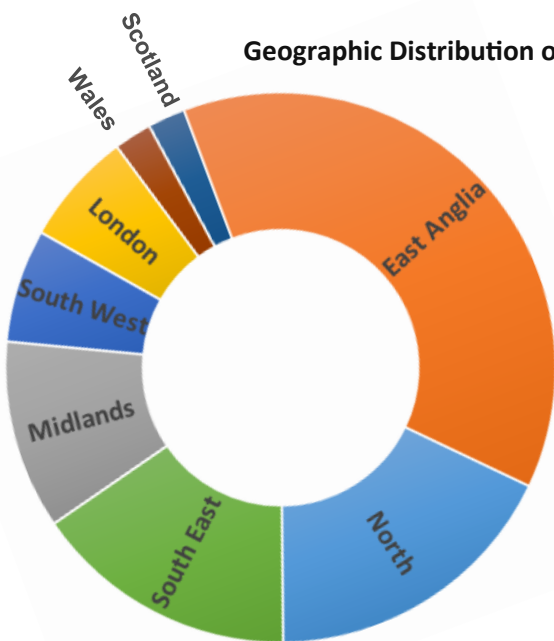
## Client Profile 2016

The main focus of our work is with young people who face disadvantages in their lives; these relate mainly to social deprivation and special needs but some young people may be homeless, have learning difficulties or be excluded from education, they may be part of rehabilitation or drug prevention programmes, be on a training scheme or just find school life challenging and need added direction.

### Group Categories



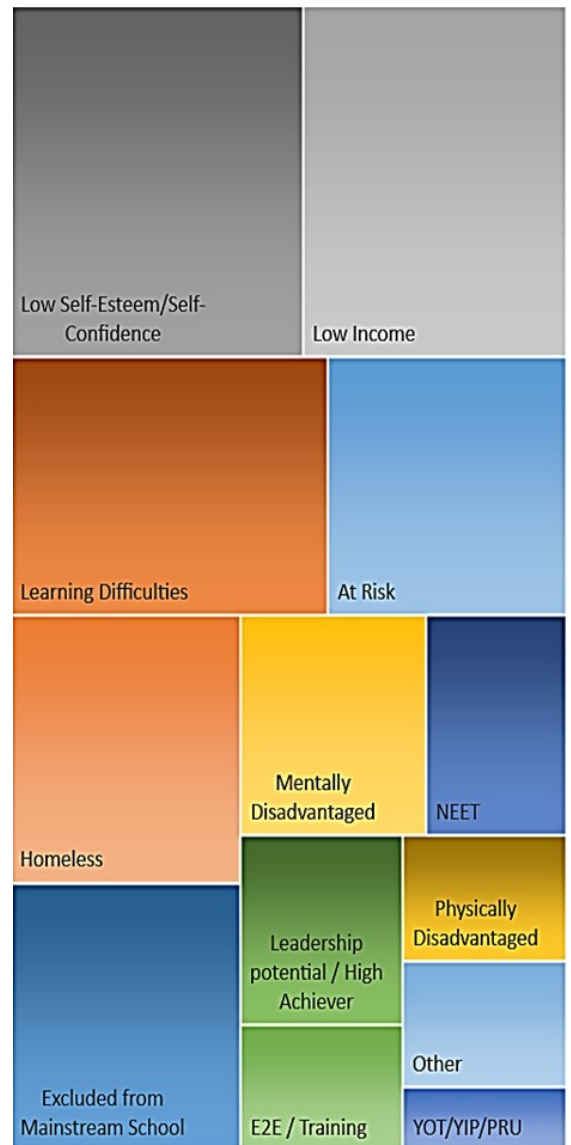
### Geographic Distribution of Groups



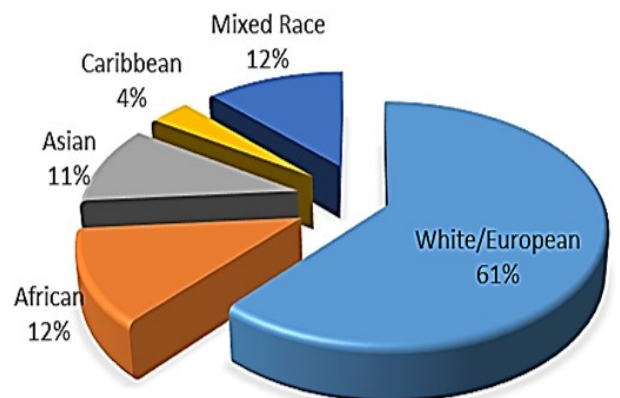
### Gender Spread

The young people who sail with us come from all areas of the youth sector. The youth leaders make their own decision with regards to the gender compliment of their group. Some groups are all male, some all female, others are mixed. In 2016 the gender spread was male 69%, female 31% with just a small number of transgender.

### Disadvantages within groups



### Ethnic Origin of young people



I am amazed by how many life skills I learnt in just a week that I will be able to use in my everyday life not just when sailing. I have learnt a whole variety of things from cooking and cleaning to leadership and teamwork although I did not quite get the hang of tying knots . - Anthony

The experience was amazing, I had such a good time. At first I was nervous but after the first hour with everyone I was so confident and so excited. I'm so glad I had the experience and would love to go again. - Grace

In twenty two years of teaching, I have only seen students develop to the same extent on an educational experience once (in The Gambia). The fact that it happened off the coast of their own country and has developed achievable professional goals for some is incredibly exciting.

- Head teacher, Beccles Free School

The Voyage facilitated an inclusive, respectful and supportive group environment in which individuals looked after each other and came to understand each others' needs and strengths.

- Scotswood Natural Community Garden.

Queen  
Galadriel



Photo by Tallshipstock.com

Faramir



Duet



Photo by Julian Berney

## 2016 Highlights

The replacement of Queen Galadriel’s deck after several years of fund raising was a great achievement. The new timbers have stopped water entering the accommodation and more importantly with the associated remedial works the whole structure of the vessel has been vastly improved. A massive thank you goes out to all those who supported the project through generous donations. The refit delayed QG’s start to her season but Walton Hall, who unfortunately had to rearrange their voyage as a result, felt it was worth the wait.

Some of our young trainees got a taste of ‘the big screen when QG spent a day of their voyage in Weymouth as a backdrop for the forthcoming blockbuster *Dunkirk*. That isn’t QG’s only claim to fame, we recently spotted QG in the background on *Poldark and the Apprentice*.



All three vessels welcomed some amazing young people on board throughout the season—their resilience shone through rain, thunder storms, gales, being becalmed and a heatwave.

Faramir had the biggest variety of weather as she sailed north, through the Caledonian Canal and onto the West Coast of Scotland. It was surprise to both parties when Faramir’s companion in Neptune’s Staircase turned out to be a trustee of a grant making trust that supports our Voyage of Discovery Fund.

In addition to sailing with a young crew, Duet played a big part in promoting our work in an East Coast regatta with the Royal Yacht Squadron and the Hamble Classics Regatta competing against Robin Knox Johnson.

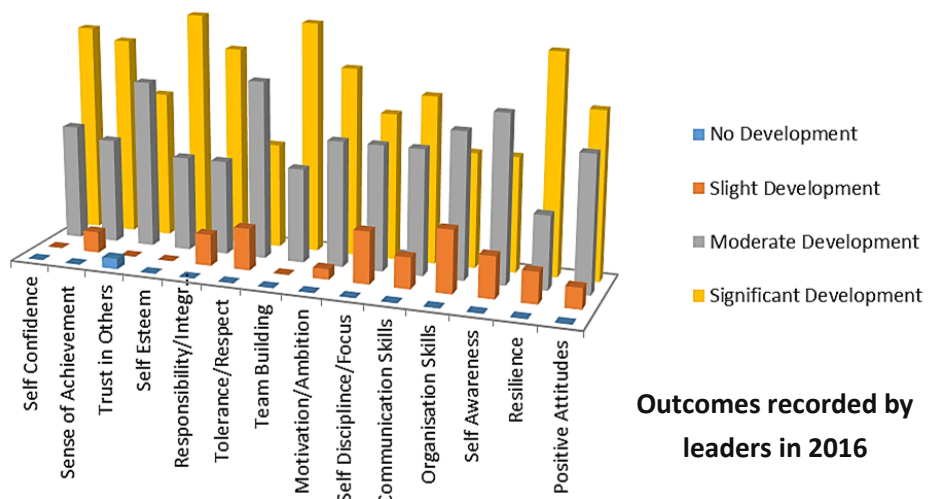
As always, the best highlight of all was hearing about the fantastic achievements and progress made by the young people who came on board for a voyage of discovery.



## The Benefits of a Sailing Voyage

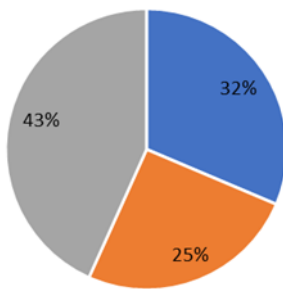
We ask all the leaders and young people who take part in the Cirdan voyage of discovery to evaluate their experience and tell us what they felt they gained from the experience. Not only does this ensure that we are providing a high standard of service, it also allows us to monitor the outcomes of the experience as a whole.

The outcomes gained from a voyage are in line with the traits and characteristics which are highlighted by the government as being necessary to underpin success in education and work to enable young people to thrive in today’s society; these include confidence, resilience, motivation, tolerance and team spirit. Our robust evaluation system of these outcomes indicates that we are meeting the leaders’ expectations to a high level. This is supported by the number of leaders who wish to repeat the Cirdan experience with a new group of young people in their care.



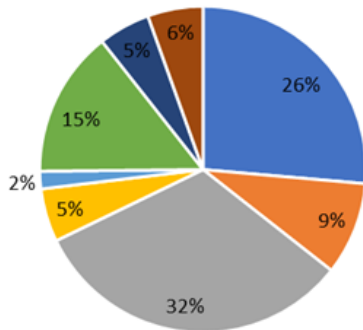
Outcomes recorded by leaders in 2016

## Income Sources 2016



- Donations, legacies & misc (inc QG Deck project)
- Voyage Fees received from groups
- Vooyage Fees applied from VOD Fund

## Expenditure Areas 2016



- Vessel Personnel Costs
- Vessel Operational Costs
- Vessel Reinstatement (inc QG deck project)
- Vessel Insurance & Surveys
- Vessel Repairs
- Administrartion Personnel Costs
- Fund raising costs
- General Expenses & Running costs

## The Cirdan Sailing Trust Management Accounts For the year ended 31 December 2016

### Income and Expenditure Account

Income	Unrestricted	Restricted	Total Funds
	Funds	Funds	
	£	£	£
Charter Fees	115158		115158
Donated Charter Fees	186879	10000	196879
Donations	70960	69000	139960
Membership	1010		1010
Other Income	1829		1829
	<u>375836</u>	<u>79000</u>	<u>454836</u>
<b>Expenditure</b>			
Vessel Expenses	184076	40803	224879
Vessel Refit Costs	55514	114403	169917
Administration	131398		131398
	<u>370988</u>	<u>155206</u>	<u>526194</u>
Surplus for the year	<u>4,848</u>	<u>(76206)</u>	<u>(71358)</u>

### Note to the accounts

Restricted funds relate to:

- 1 The Queen Galadriel deck fund. The restoration of the deck took place over two years ; £150000 was raised for the project and the full amount expended , the final work completed this year.
- 2 The Duet fund operated by the Essex Community Foundation. £54000 was received from the fund in the year and the full amount expended in the year.

### Balance Sheet

	£	£
<b>Fixed Assets</b>		
Vessels	765000	Loan 12629
Motor Vehicle	8924	
<b>Current Assets</b>		
Bank and cash	64719	
Stocks	1789	
Debtors	816	
	<u>841248</u>	
<b>Current Liabilities</b>		
Creditors		73800
<b>Reserves</b>		
Unrestricted		754819
Restricted		
		<u>841248</u>

RPC Ward FCA - TRUSTEE

The Trust is partly self-funding through the collection of voyage fees which, by careful management, are kept as low as possible. However, in recent years, the youth sector in general has been adversely affected by cuts to their budgets, in particular for the provision on non-statutory activities like a voyage at sea. To ensure the experience we provide is widely available, we subsidise the cost of voyages for the groups through our Voyage of Discovery Fund. Operation of the fund is made possible by generous donations from grant making trusts and individual supporters who recognise the value of our work. Over the past few years the level of support required by the youth organisations has been very high and during the 2016 season we anticipate this will once again have exceeded 60%.

All three of our vessels are crewed by full time seasonal sea staff who are not only qualified to undertake their sailing duties, but are experienced in working with young people from a wide range of youth organisations. As a result, this is our largest area of expenditure but with many of the young people that sail with us having behaviour issues, special needs, learning difficulties or communication barriers, we consider this expense to be essential. With crew who have expert knowledge of their vessels and operate as a team, they are in a position to support the youth leaders in their role and make sure every voyage is a positive and beneficial experience.

The Cirdan vessels are all maintained to the high standard expected of the Maritime & Coastguard Agency who licence our operation. This involves extensive winter refits using the professional services of shipwrights and engineers as well as on-going seasonal maintenance.

Our administration costs are kept to a minimum partly through the generosity of Bradwell Marina who provide our office accommodation at a very favourable rate. The office staff includes just two full time and one part time employee with the additional assistance of one of the crew in the winter and support from trustees.

30<sup>th</sup> October 2016

Dear Sir/Madam

I am writing this letter on behalf of Stevenage ESC to thank you for the wonderful opportunity that you gave our students by supporting their trip both organisationally and financially on the Queen Galadriel.

Stevenage ESC is a centre for some severely disadvantaged and disillusioned young people, all of whom have been excluded from mainstream schools. Our students display highly challenging behaviour and often use foul language to shock and push people away. Despite these traits, the crew of the boat – Huw, Jelly and Charlie were magnificent in coping, ignoring but above all welcoming our group. They treated the entire group equally and valued any overture that a young person made, whether it was by assisting above or below deck. They listened to the students and provided role models for them to aspire to. I am convinced that there were times that our students pushed the limits to the extreme! However, despite this, the next day always started as a clean slate, enabling our young people to move forward in their personal development.

This trip provided an opportunity that I doubt any of these students will ever get in the future. It was life changing for all in one way or another and the gains that our pupils made were far-reaching and diverse. One young man was petrified on arrival and couldn't even work out how to step from the light ship to Queen Galadriel. It was incredible, therefore to see him climbing all over the bow net just two days later! I can repeat this sort of story ad nauseum, however I will do all I can to fund raise to allow other students to benefit from this unique experience.

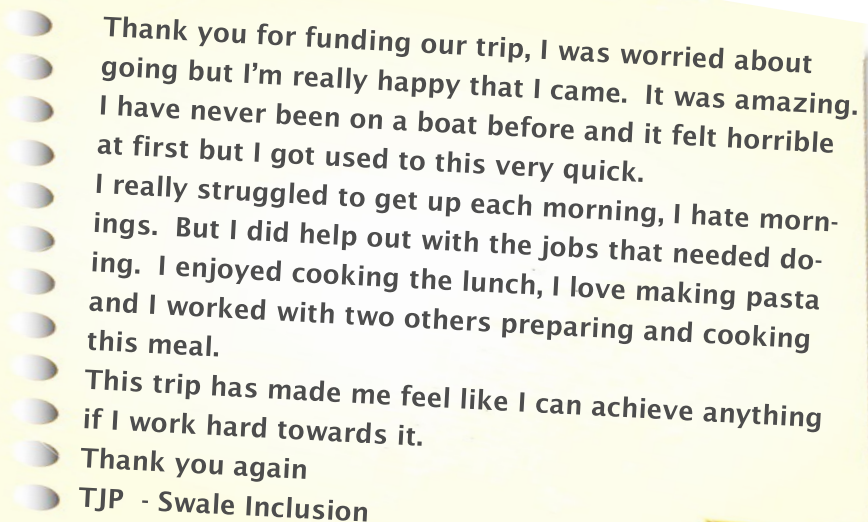
I am deeply grateful for this support from all involved with the Cirdan Trust and have emailed to offer my services as a volunteer in any useful capacity should the need arise. You are a wonderful organisation.

Yours truly



Jane Baxter  
Trip Leader

**The groups that sail with us provide feedback after their voyage; we pass this onto our funders not only to thank them but to show them the value of their gift. Here is a sample of the feedback from 2016.**



Thank you for funding our trip, I was worried about going but I'm really happy that I came. It was amazing. I have never been on a boat before and it felt horrible at first but I got used to this very quick. I really struggled to get up each morning, I hate mornings. But I did help out with the jobs that needed doing. I enjoyed cooking the lunch, I love making pasta and I worked with two others preparing and cooking this meal. This trip has made me feel like I can achieve anything if I work hard towards it. Thank you again  
TJP - Swale Inclusion

**The Cirdan Sailing Trust**

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